Salisbury Area Board – Health & Wellbeing Group Update

1. Purpose of the Report

- 1.1. To update the area board on the outcome of discussions at the last Health and Wellbeing Group (HWG) meeting (see appendix 1).
- 1.2. To confirm support for the HWGs funding recommendations.

2. Background

- 2.1 Councillors will need to be satisfied that Health and Wellbeing Groups awarded in the 2018/2019 year are made to projects that can realistically proceed within a year of it being awarded.
- 2.2 Councillors will need to be assured that carers, older and/ or vulnerable people will benefit from the funding being awarded. The money must be used to invest in projects that will support adults living within a community area. While not exclusively restricted to older people, the investment should be made in such a way as to make the maximum impact on health and wellbeing within a given community area.
- 2.3 Councillors will need to ensure measures have been taken in relation to safeguarding older and vulnerable people.

3. Environmental & Community Implications

Health and Wellbeing Funding will contribute to the continuance and/or improvement of cultural, social and community activity and wellbeing in the community area, the extent of which will be dependent upon the individual project.

4. Financial Implications

Financial provision had been made to cover this expenditure

- 4.1. Salisbury Area Board was allocated £6700 at the beginning of 2018/19, £1456 remains outstanding, £1000 of which is earmarked to reimburse the expenses incurred by the area board's two Health & Wellbeing Group champions.
- 4.2. All decisions must fall within the Health and Wellbeing Funding allocated to Salisbury Area Board.

5. Bids for consideration

5.1 The Area Board Chairman and Health & Wellbeing Group Chairman approved the bids below and delegated authority to the Community Engagement Manager to implement this spend for the event which took place as detailed below. The Area Board is asked to ratify these items of expenditure.

| Project / Event | Amount requested | Recommendation |
|--|------------------|----------------|
| Interfaith week lunch drop-in event (16 th November) | £31.15 | £31.15 |
| Celebrating Age –16 th December 2018 – Christmas lunch party | £50 | £50 |
| TOTAL AMOUNT TO RATIFY | £81.15 | |

Karen Linaker, Community Engagement Manager, 01722 434697

Key points from 17th September HWG meeting

Attendees; Amber Skyring, Cllr John Walsh, Alison Millar, Andrew Day, Anne Trevett, Mary Reed, Abbi-Jo Lawrence, Clare Christopher, Marion Barton, Gloria Johnson, Pippa Webster, Karen Linaker

1. A renewed focus on Carers for the Salisbury Health & Wellbeing Group

- a) Following presentations and discussion with Wiltshire Council's Carers Support Commissioner, portfolio holder and officers from Carers Support Wiltshire at its September meeting, the group took time to discern how it should prioritise actions for carers in 2019. Key points made included:
- b) Some members of the group were confused and concerned that carers and others in the community would also be confused regarding the number of roles and different titles of professionals working for carers, be they from the local authority, NHS or commissioned / non- commissioned agencies and organisations.
- c) There was also some confusion regarding the statistics contained in the September meetings presentations regarding the number of carers in Salisbury, and the types of carers, be they young carers, carers of friends and family with mental health conditions or substance misuse issues. The group requested clarification on these figures.
- d) Concern was also flagged by carers professionals at the meeting that they were noticing issues around carers not having the correct equipment when taking charge of those they care for from hospital – we agreed to raise this with the Commissioner
- e) Drawing on the current focus of staff at Salisbury Medical Practice, the group discussed the importance of carers either of veterans or veterans who are also carers, and felt this should be a continuing focus in 2019, to link in with the National Armed Forces Day community event in June
- f) The group discussed the need to ensure there was a varied local infrastructure of support for carers, and for this not to be too support café style orientated, but to explore other avenues such as a local menu of options for respite for the carer
- g) The group agreed to set up a small sub group to devise a manageable plan of action for 2019, perhaps including:
 - (i) Organise a Carers Organisations Networking Seminar in early April

- (ii) Organise a programme of events for Carers Week (10-16 June)
- (iii) Organise a stand for the National Armed Forces community day event on the 29th June demonstrating the network of carers services and support agencies working for veterans in and around Salisbury
- (iv) Increase take up of Shared Lives scheme
- (v) Organise an event for Carers Rights Day 30/11/2019

2. Make Someone Welcome

The group received information about the Wiltshire Centre for Independent Living (WCIL) initiative "Make Someone Welcome", and the associated 'The Good Life Conversation' initiative which WCIL were delivering to people needing 1:1 support for mental health issues.

The group agreed to help promote this to their contacts and networks.

3. Interim update from Celebrating Age project

The group received an interim verbal update on the Celebrating Age project, noting that the full written update would come to the May 2019 meeting of the Salisbury Area Board. Rebecca updated the group that since the start of the project around 350 people had engaged in the events in Salisbury, with approx. 40% if this figure being those who returned for each event. The project was developing a strong sense of volunteer support for ongoing events which bode well for the work in terms of the legacy of the project and the future sustainability of this model of delivery.

Rebecca referred to a number of the events in the planning for 2019 and to her discussions with partners about the future of the programme of work.

She explained that Wiltshire Steering Group of partners met quarterly to oversee the project and to produce monitoring reports which was a requirement of the Arts Council's grant, and which was a helpful way to ensure the programme was being carefully and meaningfully evaluated.

4. Salisbury Medical Practice report on Veterans event

Marion Barton from SMP updated the group on the Veteran's event held in November. The event had been a great one for networking opportunities of the agencies attending, and future events would look to attract a higher number of veterans. The list of agencies involved would be a useful resource for the Health & Wellbeing Group's work in 2019 regarding the carers agencies and those agencies with a carers strand to their work for veterans.

5. Men's Shed Update

Anne and Karen updated that the Men's Shed project was developing well and was beginning to recruit new members from agencies such as Turning Point – helping them to integrate back in to community life.

6. HWG Budget Update and small bid

The group noted the funds remaining for HWG bids in 2018/19 and agreed support for a donation of funds to the Celebrating Age Christmas Lunch Party on the 16/12, which was an additional event over and above the 10 previously funded for 2018/19,and which had attracted around 20 new very isolated older people who would not otherwise be having a Christmas lunch this year.

£50 was agreed as the donation for the catering, and room hire.

7. Next Meeting Date: 14th March, 6pm